## Public Health Fact Sheet

## **Safe Water Use During a Boil Advisory**

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A "Boil Advisory" is issued by the Oklahoma Department of Environmental Quality as a preventive measure when a water supply may be unsafe. Unsafe drinking water may be caused by equipment failure, leaking pipes in the system, or insufficient disinfectant in the water supply. Safe water for drinking, cooking, or personal hygiene includes bottled, boiled, or treated water. The Oklahoma State Department of Health recommends the following guidelines for water usage during a boil advisory.

- You should not ingest or allow your pets to ingest tap water or ice made from tap water during a "Boil Advisory".
- Boiling water, when practical, is the preferred way to kill harmful bacteria and parasites. Bringing water to a rolling boil for 1 minute will kill most organisms.
- When boiling water is not practical, you can treat water with chlorine tablets, iodine tablets, or unscented household chlorine bleach (5.25% sodium hypochlorite):
  - If you use chlorine tablets or iodine tablets, follow the directions that come with the tablets.
  - If you use household chlorine bleach, add 1/8 teaspoon (~0.75 mL) of bleach per gallon of water if the water is clear. For cloudy water, add 1/4 teaspoon (~1.50 mL) of bleach per gallon. Mix the solution thoroughly and let it stand for about 30 minutes before using it.

Note: Treating water with chlorine tablets, iodine tablets, or liquid bleach will not kill parasitic organisms.

- If you use bottled water, be sure it is from a safe source. Commercial bottled water, such as that purchased at a grocery or convenience store, can be assumed to be safe as it is bottled in an inspected and licensed facility.
- Do not use untreated water to brush your teeth, wash and prepare food, wash your hands, make ice, or make baby formula.
   If possible, use baby formula that does not need to have water added. Use an alcohol-based hand sanitizer to clean your hands prior to handling formula.
- The affected tap water may be used for washing dishes if a dishwashing machine is used, provided the dishes are then
  immersed for at least one minute in a sink of water to which one full tablespoon of regular household bleach per gallon of
  water has been added. If dishes are hand washed, boiled or bottled water should be used.
- Use a bleach solution to rinse water containers before reusing them. Use water storage tanks and other types of containers with caution. For example, fire truck storage tanks and previously used cans or bottles may be contaminated with microbes or chemicals. Do not rely on untested devices for decontaminating water.
- The affected tap water may be used for bathing, showering, washing clothes, and watering plants.
- After the boil order has been lifted or water service resumes, these precautionary measures should be followed:
  - Flush your water lines by running cold water for at least 1 minute.
  - Clean the water-using fixtures and appliances of standing water and ice, such as refrigerator icemakers or coffee makers. Disposal of at least the first two batches is recommended before use.

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